

Welcome to AP Psychology!

I am looking forward to an exciting and successful school year, and I hope that you are too. In order for us to work together most effectively, some guidelines are necessary. Listed below are the class rules, materials you will need each class, explanations of requirements and evaluations, along with the attendance policy. Please read them carefully and let

me know if you have any questions. **Throughout this class we will be examining research on different topics in psychology. We will be focusing on the importance of scientific research methods and ethics when it comes to analyzing some of the “common sense” parts of psychology.**

Let's make this a great year!

Sincerely,

Mrs. Bauer
bauerb@calvernet.k12.md.us

CLASS RULES:

1. Always arrive on time.
2. Be prepared- bring all materials to class (book, folder, writing utensil, etc.).
 - **YOU MUST BRING A PENCIL ON TEST DAYS!!!**
3. Come to class ready to learn.
4. Display your best effort everyday.
5. Show respect for your classmates, the teacher, and objects in the room.
6. Take care of personal needs prior to class.
7. **Do not leave/pack up until the teacher dismisses the class. (Personal Pet Peeve)**

MATERIALS NEEDED EACH CLASS:

- 1 ½ or 2 inch binder (or part of a larger binder)
- Lined paper
- Minimum 14 dividers
- pens and/or pencil
- colored pencils
- glue sticks (if you would like to donate to the class, that would be awesome!)
- highlighters
- anything else you need to be successful

***Donations to class that would be appreciated: Tissues, hand sanitizer, glue sticks!!!!!!

EVALUATIONS:

1. A major test will be given after each unit of study.
2. Homework will be assigned at least once/twice a week.
3. Notebook quizzes will be given randomly and at end of each unit.
4. Class participation is a requirement in order to demonstrate the understanding of the material. Your class participation grade can be negatively affected by being unprepared for class or causing class disruptions.
5. Cooperative group work, reports, and projects will be graded.
6. Announced and unannounced quizzes will be given.
7. **TEST CORRECTION** days will be announced throughout each quarter.

ATTENDANCE:

County guidelines regarding absences and tardiness will be strictly enforced. It is YOUR responsibility to get any missed warm-ups/objectives/notes and to find out what make-up work you need to complete. Work must be completed within a timely manner – the number of days you miss equals the number of days you have to make up the work. Please feel free to schedule a meeting with me to discuss make-up work if you are out for an extended period of time.

SUMMER ASSIGNMENT DUE: September 7, 2018

**AP TEST⇒ May 9, 2019
Afternoon Exam**

Textbook: Myers, D.G. (2007). *Psychology*. New York, Worth Publishers.

Unit 1- History and Approaches (4 days):

Introduction

- A. History of Psychology
- B. Perspectives in Psychology
 - 1. Biological
 - 2. Behavioral
 - 3. Cognitive
 - 4. Humanistic
 - 5. Psychodynamic
 - 6. Sociocultural

Unit 2- Methods (10 days):

Chapter 1

- A. Research
 - 1. Correlational
 - 2. Experimental
- B. Statistics
 - 1. Descriptive
 - 2. Inferential
- C. Ethics in Research

Unit 3- Biological Bases of Behavior (13 days):

Chapter 2, Chapter 3- *Genes: Our Biological Blueprint*

- A. Physiological Techniques
- B. Neuroanatomy
- C. Functional Organization of Nervous System
- D. Neural Transmission
- E. Endocrine System
- F. Genetics

Unit 4- Sensation and Perception (12 days):

Chapters 5 & 6

- A. Thresholds
- B. Sensory Mechanisms
- C. Sensory Adaptation
- D. Attention
- E. Perceptual Processes

Unit 5- States of Consciousness (4 days):

Chapter 7

- A. Sleep and Dreaming
- B. Hypnosis
- C. Psychoactive Drug Effects

Unit 6- Learning (12 days):

Chapter 8

- A. Classical Conditioning
- B. Operant Conditioning
- C. Social Learning
- D. Cognitive Processes in Learning

Unit 7- Cognition (13 days):

Chapters 9 & 10

- A. Memory
- B. Language
- C. Thinking
- D. Problem Solving and Creativity

Unit 8- Motivation and Emotion (12 days)

Chapters 12 & 13

- A. Biological Bases
- B. Theories of Motivation
- C. Hunger, Thirst, Sex, and Pain
- D. Social Motives
- E. Theories of Emotion
- F. Stress

Unit 9- Developmental Psychology (12 days)

Chapters 3 & 4

- A. Life-Span Approach
- B. Research Methods (longitudinal/cross-sectional)
- C. Heredity-Environment Issues
- D. Developmental Theories
- E. Dimensions of Development
 - 1. Physical
 - 2. Cognitive
 - 3. Social
 - 4. Moral
- F. Sex Roles & Sex Differences

Unit 10- Personality (10 days):

Chapter 14

- A. Personality Theories and Approaches
- B. Assessment Techniques
- C. Self-concept & Self-esteem
- D. Growth and Adjustment

Unit 11- Testing and Individual Differences (9 days):

Chapter 11

- A. Standardization and Norms
- B. Reliability and Validity
- C. Types of Tests
- D. Ethics and Standards in Testing
- E. Intelligence
- F. Heredity/Environment and Intelligence
- G. Human Diversity

Unit 12- Abnormal Psychology (12 days):

Chapter 15

- A. Definitions of Abnormality
- B. Theories of Psychopathology
- C. Diagnosis of Psychopathology
- D. Anxiety Disorders
- E. Somatoform Disorders
- F. Mood Disorders
- G. Schizophrenic Disorders
- H. Organic Disorders
- I. Personality Disorders
- J. Dissociative Disorders

Unit 13- Treatment of Psychological Disorders (9 days):

Chapter 16

- A. Treatment Approaches
 - 1. Insight Therapies- Psychodynamic
 - 2. Behavioral Approaches
 - 3. Cognitive Approaches
 - 4. Biological Approaches
- B. Types of Therapy (individual, group,...)
- C. Community and Preventive Approaches

Unit 14- Social Psychology (12 days):

Chapter 18

- A. Group Dynamics
- B. Attribution Processes
- C. Interpersonal Perception
- D. Conformity, Compliance, Obedience
- E. Attitudes and Attitude Change
- F. Organizational Behavior
- G. Aggression/Antisocial Behavior

REMINDERS/HELPFUL INFORMATION

First day of school is **Tuesday, September 4, 2018**

TIPS FOR TAKING NOTES:

We will be taking notes of the assigned readings in order to synthesize information from the textbook throughout the year. Beginning with Unit 2, you can use whatever ***format works for you***. Three common options are:

- Color coded notes
- If you work better with **traditional outlining**, then use that format:
 - I. Main Heading
 - A. Subheading
 - 1. Information
 - a) Supporting details
 - 1) Supporting details
- If you process information visually or you draw all over your notes- then use this! Your notes can look like a **concept map**. Images can be used to define concepts where appropriate.

Regardless of what format you end up using, make sure that you have included all key information but be careful to not include everything from the textbook- that would be copying and not outlining. *If you were given an open note quiz you should be able to ace it using your memory of what you have read and your outline.*

I will adhere to the NHS Tardy Policy

Although it is the summer, there is work to be done. Please note, AP Psychology is an elective, college-level course with higher student expectations than most courses taken by high school students. With that being said, it is imperative that we get a jump start on the AP Psychology curriculum. It is mandatory and in your best interest to complete the summer assignment.

You must be **intrinsically motivated** to be in this class for there are very few **extrinsic motivators**. Hopefully you'll get in the **flow** even before class begins. I'm certain that all of you did not miss the **critical period**, therefore you should be able to use both **fluid intelligence** and **crystallized intelligence** to find answers. Additionally, you will be using your **Broca's area** and **Wernicke's area** to communicate with everyone in our class while using correct **grammar**, proper syntax, **morphemes**, and **phonemes**.

There will be all sorts of **transduction** and **parallel processing** happening in our brains as we journey into the world of **Psychology**. Our **hippocampi** will be very busy as we **encode** and find **storage** for information. You'll be asked to **recall** and **retrieve** for the unit tests without the use of artificial intelligence or other assistance. Instead you can use **mnemonics**, **chunking**, **imagery**, and **acronyms**.

Even though your **hormones** may be raging, hopefully no one in our class will be suffering from **narcolepsy**, **sleep apnea**, **insomnia**, **night terrors**, **split brain**, or especially a **lobotomy**, as that will make **learning** very difficult to say the least!

I can guarantee that this class will test your ideas of what is and is not a **norm**. I can also guarantee that this class will at times upset you, forcing you into **critical thinking**, **self disclosure**, and into belief **perseverance**. At the same time, this class will enlighten you about those of us who may have **psychological disorders**, **autism**, or **mental retardation**, and help to remove our **fixations** (non-Freudian definition here please), **functional fixedness**, **prejudices**, **stereotypes**, and **biases**. But fear not, even though we enter the world of the **abnormal**, we head right into **therapy** to help us solve some problems and may inspire us to be more **altruistic**.

Your **creativity** will be valued in this class. Your **attitude** is critical for success and **social loafing**, slacking, procrastinating, copying or cheating are never good ideas. Do not attempt to use the **Pareto Principle** to get others to do your share of work. Working together to pass the AP Exam is one of our **superordinate goals**. So, have a wonderful summer. Keep your neural networks going and be certain to keep your **brainstem**, **limbic system**, and **cerebral cortex** safe as our brains have only so much **plasticity**.

AP SUMMER ASSIGNMENT: ALL WORK MUST BE **HANDWRITTEN** and TURNED IN September 7, 2018!

Part One: (10 points)

- Have your binder together with your 14 dividers.

Part Two: (50 points)

- Remember to **handwrite** your answers.
1. Why did you take AP Psychology?
 2. What is psychology?
 3. What did the following people believe in related to psych?
 - a. Socrates
 - b. Plato
 - c. Aristotle
 - d. Descartes
 - e. Locke
 - f. Darwin
 4. Wilhelm Wundt is known for being.....?
 5. Wilhelm established the first _____ in _____.
 6. Describe the functions of the mind:
 - a. Structuralism
 - b. Functionalism
 7. What is the biggest controversy within psychology?
 8. What are the 7 approaches within psychology? Briefly explain each of them.
 9. Which approach do YOU think is most important?
 10. What are you most looking forward to this year?

Part Three: (25 points) Read each question. Circle or highlight the correct answer. Then, in your own words give a brief description as to why that is the correct answer.

1. Leadership, job satisfaction, and employee motivation are all studied in which of the following psychological disciplines?
 - a. Human factors psychology
 - b. Industrial organizational psychology
 - c. Community psychology
 - d. Counseling psychology
 - e. Experimental psychology

EXPLAIN: _____

2. According to the ethical guidelines set by the American Psychological Association (APA), which of the following is true of psychological research in which animals are used as subjects?
 - a. It must not involve the use of surgical procedures
 - b. It is no longer permitted by the APA without special authorization
 - c. It should conform to all APA ethical guidelines for animal research

- d. It must be limited to investigations that use correlation procedures
- e. It may not be conducted by psychologists who do not have a license

EXPLAIN: _____

- 3. One perspective in clinical psychology proposes that adaptive and abnormal behaviors can be developed through similar processes. Which of the following terms best characterizes this approach to abnormal behavior?
 - a. Biological
 - b. Psychodynamic
 - c. Behavioral
 - d. Humanistic
 - e. Cognitive

EXPLAIN: _____

- 4. The evolutionary perspective (sociobiology) argues that
 - a. Humans are motivated by a desire to maintain optimum hormonal levels
 - b. Humans are genetically programmed to ensure that there is a new generation of the species
 - c. Humans strive to minimize inconsistent thoughts and actions
 - d. There is a relationship among task difficulty, physical arousal and task performance
 - e. Conditioning explains most human behavior

EXPLAIN: _____

- 5. The first area of psychology to be studied as a science is known as
 - a. Psychoanalysis
 - b. Phrenology
 - c. Classical conditioning
 - d. Mesmerism
 - e. Psychophysics

EXPLAIN: _____

PLEASE READ THE AP PSYCHOLOGY CLASS OUTLINE AND SIGN BELOW.

Please write clearly!

I, _____, have read the class outline, understand what is expected of me, and agree to abide by all class rules.

STUDENT'S SIGNATURE: _____

PARENT'S/GUARDIAN SIGNATURE: _____

Please print the following information:

Parent/Guardian Name(s) _____

Parent/Guardian Email(s) _____

Parent/Guardian Numbers: _____

PLEASE SIGN AND TURN IN BY FRIDAY, SEPTEMBER 7th, 2018